



2021 Medicare Open Enrollment at Lifelong



HIICAP
Health Insurance Information,
Counseling and Assistance
Program

Medicare's Open Enrollment period allows Medicare recipients to review their Medicare coverage and make changes for the following year to better meet their needs if necessary. Lifelong's certified HIICAP counselors can help you review your coverage, provide unbiased information about new or existing plans, and explore ways to save money on Medicare premiums and medication costs.

Any changes you make in your coverage during fall open enrollment (Oct. 15 – Dec. 7) will be effective January 1, 2022.

Certified HIICAP counselors will offer in-person and zoom counseling by appointment only. Be your own advocate and **call: 607-273-1511** or email tdunn@tclifelong.org after 10/1/21 to set up your HIICAP appointment during the open enrollment period. HIICAP services are rendered free of charge.

Please bring the following to your appointment:

- * List of your prescriptions, dosages/frequency
- * Your Medicare card
- * Any other health insurance cards or information
- * Documentation of monthly or annual income

Lifelong's HIICAP Program is partially funded by the Tompkins County Office for the Aging