

Materials Included:

- Assorted spices: cinnamon, turmeric, smoked paprika, sage
- White Paint
- Paintbrush
- Paper

Additional household materials:

Small bowls to mix paint

Sensory Spice Painting

Spices are often used to flavor foods. They are also to scent perfumes, cosmetics, toiletries, and toothpastes. In this activity, you'll mix some common spices with white paint so that you can create something different to look at, and also fun to smell!

1. MIX THE SPICE PAINT

Divide the paint into four small bowls. Add packet of spice to each bowl and mix.

2. PAINT!

Explore the paint however you like!

ADDITIONAL RESOURCES

- <u>I Ain't Gonna Paint No More</u> (Beaumont, Karen)
- The Mystery of the Suspicious Spices (Paris, Harper)
- <u>The Spice Alphabet Book</u> (Pallotta, Jerry)
- Skippyjon Jones...Lost in Spice (Schachner, Judith Bryron)
- Spice (Britannica Kids) https://kids.britannica.com/kids/article/spice/353799

MORE QUESTIONS

- Which spice smelled the strongest?
- How did they smell mixed together?
- Do you eat any foods that contain these spices?

CREDITS

• https://craftulate.com/sensory-spice-painting/